



Looking for Work?

Join a new support group for those seeking work or have been laid off
Wednesdays at 8:00 a.m. in the St. Louise Parish Center

This group shares:

- Prayer
- Educational resources
- Connections to employment opportunities
- Networking support
- Use the resource book

If you are interested in attending, please just show up or call the St. Louise parish office for questions. See you there!



How Can I Help?

What can I do to help my neighbor?

There are four easy steps:

1. **Pray** - everyone can do this
2. **Employment Opportunity Connections:**

If you know of open positions, please email companions@stlouis.org the details and candidate matches will be facilitated.

3. **Educational Resources**

Do you have skills in interviewing, technical or business training, writing resumes? Come to a Wednesday meeting and share what you know.

4. **Mentor** - Help someone else



COMPANIONS ON THE JOURNEY

St. Louise Catholic Church

141 - 156th Ave SE
Bellevue, WA 98007

Phone Number (425) 747-4450
FAX (425) 644-3678

Email Companions@stlouis.org